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| **APPROVED** **by the Chairman** **of Kyokushinkai Fullcontact Karate Federation of Russia** **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ A.V. Fesenko** **«\_\_\_\_\_»\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 2020** |  |

**REGULATIONS ON HOLDING**

**SPORTS AND RECREATION SESSION**

**PRIMORYE 2020**

**AUGUST 1 – 11, 2020**

1. **Aims and objectives**

Sports and recreation session in the camp is holding in accordance with the calendar plan of Kyokushinkai Fullcontact Karate Federation of Russia for the 2020 academic year in order to:

* Increasing the skill level of athletes
* Kihon, conditioning, tactics
1. **Date and Venue of a sports and recreation session**

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| Date of holding the summer training camp:  | August 1 – 11, 2020 |
| Date of check in: | August 1, 2020 after 12:00, dinner is included |
| Date of check out: | August 1, 2020 before 12:00, breakfast is included |
| Venue: | Primorsky Krai, Livadiya village, recreation camp “Mechta”, Russia. |

1. **Organization of holding a sports and recreation session**

Kyokushinkai Fullcontact Karate Federation of Russia implement the general management of the preparation and holding the training camp.

The direct organization of holding the training camp is laid on organization committee, which includes:

The Chairman of Kyokushinkai Fullcontact Karate Federation of Russia – Shihan Anatoly Fesenko.

The Chairman of organization committee – Andrei Kondratyev

1. **Participants of sports and recreation session**

To participate in the training camp are allowed the members of Kyokushinkai Fullcontact Karate Federation of Russia and members of other Karate Federations, who have fulfilled the established requirements for applicants, submitted the application for participation on time, and paid for their participation in the training camp.

Age category is 10 years old and older.

1. **Conditions of admission to participate in sports and recreation session.**

Teams’ coaches shall provide following documents:

* Group application for participating in sports and recreation session, with an obligatory reference mark of the medical doctor and the sports medical institution;
* policy of obligatory medical insurance;
* individual insurance policy for days of stay in the camp and transit time;
* identification document (ID);

Requirements to the participants of sports and recreation session:

* All participants of training camp must obligatory have individual of protection (body shields, shin protectors etc.);
* sport wear, sport shoes;
* karategi;
* personal cleansing.

Accommodation and meals in the guesthouse 10 days – the price is made up by regional manager.

The price for participating in training camp – 2000 RUB.

1. **Price for participating in the training camp**

Fee for participating in the camp: 3 500 RUB for participant; 1 500 RUB for vacationer;

Accommodation and meals: 2 000 RUB per day.

1. **Participating in the qualification exam.**

Sportsmen, who have fulfilled the established requirements for applicants (in accordance to regulations on the qualification exams for kyu and dan), submitted the correct application for participation on time in the office of Kyokushinkai Fullcontact Karate Federation of Russia, and paid for their participation in the training camps, are allowed to participating in the qualification exams for kyu and dan ranks.

For participation in qualification exam, it is necessary to provide following documents:

* Application for participation;
* admission of the sports medical institution, issued no earlier than 10 days before the start of the camp.

A participant of the training camp will not be admitted to the kyu and dan tests without the documents specified above and compliance with the requirements.

1. **Application submission procedure:**

Applications must be sent **before May 25, 2020** to the address:

233/1 Gorkogo Str., Blagoveshchensk, Amur Region, 675007, Russia

tel / fax 8 (4162) 51-24-04;

e-mail: arokk@inbox.ru

1. **Payment conditions.**

All fees sportsmen should pay at the location.

The fee for qualification 10-2 kyu exam – 2 200 RUB, 1 kyu – 4 000 RUB

The fee for passing the qualification 1, 2 dan exam - 200 euros, 3, 4 dan - 250 euros.

In case of successful passing the exam, the certificates will be issued in the region in which the sportsman is training.

**ATTENTION!! All financial issues are realized only by team representatives.**