

**"APPROVED BY"**  
The President of the All-Russian  
Physical Culture and Sports  
Public Organization  
"Kyokushin Federation of Russia"



A.N. Alymov  
2023



Kyokushin Federation of Russia

**REGULATIONS**  
on holding  
the International Kyokushin Competition  
**"CUP OF FELLOWSHIP"**  
among Teenage Boys and Girls, Junior Men and Women,  
Men and Women  
(type of sport code 1880001411Я)

Moscow, 2023

## 1. General Provisions.

### 1.1. Goals and objectives of the competition:

- identifying the strongest athletes in Kyokushin;
- increasing the level of sports mastery of the athletes involved in Kyokushin;
- acquisition of competitive experience by athletes;
- promoting the development of mass Kyokushin;
- development and popularization of Kyokushin in Russia.

## 2. Venue and dates.

2.1. Venue: bld. 2, 30 Khersonskaya str., Moscow  
State Budget General Education Institution  
"Center for Sports and Education  
"Moscow Experimental School"  
of Moscow Sports Committee  
(GBOU "TsSiO "MESH" Moskomsporta)

2.2. Dates: April 21-24, 2023

## 3. Hosts of the competition.

### 3.1. Hosted by:

- All-Russian Physical Culture and Sports Public Organization "Kyokushin Federation of Russia"
- International Union "Kyokushin Profi".

### 3.2. Organizing Committee

Chief Judge of the Competition	– Popov Vitalii Valerevich;
Deputy Chief Judge of the Competition	– Fesenko Anatolii Vitalevich;
Chief Secretary of the Competition	– Bragina Evgeniia Aleksandrovna;
Chairperson of the Organizing Committee	– Bogdanova Ekaterina Sergeevna.

3.3. The hosts of the competition are not responsible for possible injuries received during the competition.

## 4. Requirements for participants of the competition and conditions for their admission.

4.1. Athletes in the following age groups are allowed to participate in the sports competition:

- teenage boys and girls (12-13 years old) – athletes of 2010-2011 years of birth;
- teenage boys and girls (14-15 years old) – athletes of 2008-2009 years of birth;
- junior men and women (16-17 years old) – athletes of 2005-2007 years of birth;
- men and women (18 years old и older) – athletes of 2005 year of birth and older.

In the age group " junior men and women (16-17 years old)", athletes born in 2005 are admitted if they have not reached 18 years old before the start of the sports competition, i.e. before April 21, 2023, 2023.

In the age group "men and women", athletes born in 2005 are admitted if they have reached 18 years old before the start of the sports competition, i.e. before April 21, 2023.

4.2. Athletes with the following style qualification restrictions are allowed to participate in the sports competition:

- teenage boys and girls (12-13 years old) – no lower than 7 kyu;
- teenage boys and girls (14-15 years old) – no lower than 6 kyu;
- junior men and women (16-17 years old) – no lower than 6 kyu;
- men and women (18 years old и older) – no lower than 4 kyu.

4.3. Only one sports team per country can apply for the competition. Only one sports team from one constituent territory of the Russian Federation can apply for the competition. The number of athletes is not limited.

4.4. At the Admission Commission, the representative of the team shall provide the original application (Supplement No. 1), and each participant must have the following documents:

- Identity Document (up to 14 years old - Birth Certificate, Certificate from the School with a photo and a seal on the photo (or other document with a photo), 14 years old and older - Passport of the citizen of the Russian Federation);
- Document confirming the athlete's style qualification;
- Original of the Insurance Policy of Compulsory Medical Insurance;
- Original of the Accident, Life and Health Insurance Contract for the days of the tournament (the insurance must be sports, or with an indication of the type of sport);
- for minor athletes – the consent of the athlete's parents that their child can practice Kyokushin and take part in the competition (Supplement No. 2);
- for adult athletes – a handwritten application addressed to the Chief Judge on voluntary participation in the competition (Supplement No. 3).

4.5. Each competitor must submit personal protective equipment in accordance with the rules of the sport "Kyokushin" for the Admission Commission (Supplement No. 4).

**ATTENTION! If any of the above points is violated, the athlete will not be admitted to the competition.**

## 5. Competition program.

5.1. The Sports competition is held according to the rules of the Kyokushin World Union (KWU), in accordance with the rules of the sport "Kyokushin", approved by the order of the Ministry of Sports of Russia dated October 21, 2022 No. 847.

5.2. Competition schedule:

April 21, 2023 – teams' arrival day

Admission Commission: from 10:00 to 18:00

Judge Seminar: from 15:00 to 19:00

April 22, 2023 – 1<sup>st</sup> day of the competition

09:00 – start of the competition

20:00 – end of the competition

April 23, 2023 – 2<sup>nd</sup> day of the competition

10:00 – start of the of the competition

18:00 – end of the competition

April 24, 2023 – teams' departure day

5.3. The competition is held in the following sports disciplines:

Teenage boys (12-13 years old)	30 kg, 35 kg, 37.5 kg, 40 kg, 42.5 kg, 45 kg, 47.5 kg, 50 kg, 55 kg, 60 kg, 60+ kg, kata, kata-group (mixed)
Teenage girls (12-13 years old)	35 kg, 40 kg, 45 kg, 50 kg, 55 kg, 55+ kg, kata, kata-group (mixed)
Teenage boys (14-15 years old)	40 kg, 45 kg, 47.5 kg, 50 kg, 52.5 kg, 55 kg, 57.5 kg, 60 kg, 65 kg, 70 kg, 70+ kg, kata, kata-group (mixed)
Teenage girls (14-15 years old)	45 kg, 50 kg, 52.5 kg, 55 kg, 60 kg, 60+ kg, kata, kata-group (mixed)
Junior men (16-17 years old)	55 kg, 60 kg, 65 kg, 70 kg, 75 kg, 80 kg, 80+ kg, kata, kata-group (mixed)
Junior women (16-17 years old)	50 kg, 55 kg, 60 kg, 65 kg, 65+ kg, kata, kata-group (mixed)
Men	60 kg, 65 kg, 70 kg, 75 kg, 80 kg, 85 kg, 90 kg, 95 kg, 95+ kg, kata-group
Women	50 kg, 55 kg, 60 kg, 65 kg, 70 kg, 70+ kg, kata, kata-group (mixed)

Attention! If an athlete, based on the results of weighing at the Admission Commission, does not enter the declared weight category, the athlete will not be allowed to participate!

#### 5.4. Timing of kumite fights

Teenage boys and girls 12-13 years old:	2 min + 1 min + weighing + 1 min
Teenage boys and girls 14-15 years old:	2 min + 2 min + weighing + 1 min
Junior men and women 16-17 years old:	2 min + 2 min + weighing + 2 min
Men and women:	
elimination rounds to 1/2 final	2 min + 2 min + weighing + 2 min
semi-finals and finals	3 min + 2 min + weighing + 2 min

To win by the results of weighing in the groups "teenage boys and girls", "junior men and women", the difference in weight must be 2.5 kg or more.

To win by the results of weighing in the group "men and women", the difference in weight must be 2.5 kg or more. The athlete's weight is determined by weighing on the scales.

Attention! If an athlete fails to appear on the tatami after the announcement of the fight by the informing judge within 1 minute, the athlete is considered defeated.

#### 5.5. Kata competition program

The sports competition in kata will be held according to the Olympic system, when the judges determine the winner in a pair by raising the flag of the color of the athlete who received the highest score in the pair. In each round, the athlete must perform a Kata corresponding to the round and age category according to the table:

Round	Teenage boys and girls (12-13 years old)	Teenage boys and girls (14-15 years old)	Junior men and women (16-17 years old)	Men and women
1/16 finals	Pinan Sono Ichi	Pinan Sono Go	Tsuki No Kata	Gekisai Sho
1/8 finals	Pinan Sono Ni	Gekisai Dai	Yantsu	Seienchin
1/4 finals	Pinan Sono San	Tsuki No Kata	Saiha	Kanku Dai
1/2 finals	Pinan Sono Yon	Yantsu	Gekisai Sho	Seipai
For the 3 <sup>rd</sup> place	Pinan Sono Go	Saiha	Seienchin	Sushiho
Final	Pinan Sono Go	Saiha	Seienchin	Sushiho

The sports competition in the sports discipline "kata" is held among teenage boys and girls, junior men and women, men and women separately.

In the competition in the "kata-group" discipline, the composition of the team (3 people) can be either male and female, or mixed.

Attention! If an athlete fails to appear on the tatami after the announcement of the fight by the informing judge within 1 minute, the athlete is considered defeated.

## **6. Summing-up conditions.**

In the sports competition in kumite and kata for teenage boys and girls, junior men and women, men and women, winners and prize-winners are determined according to the Olympic system with elimination after one defeat. Defeated semi-finalists shall fight for the 3<sup>rd</sup> place.

## 7. Awarding of winners and prize-winners.

The winners and prize-winners of the competitions (1-3 places) are awarded with medals, diplomas and cups of the corresponding degrees.

## 8. Terms of financing.

8.1. Financing of the cost items related to organizational expenses for preparation and holding of the competition is provided at the expense of the International Union "Kyokushin Profi".

8.2. Financing of the cost items related to the expenses for full travel of participants of the competition, coaches and judges (travel to the competition venue and back, meals, accommodation, insurance) is provided at the expense of the sending organizations.

8.3. To cover the costs related to the competition, extrabudgetary sources of funding may be attracted.

## 9. Applications for participation.

9. Preliminary applications for participation in the sports competition are accepted **until March 27, 2023** inclusively by e-mail: [tournament.pro@mail.ru](mailto:tournament.pro@mail.ru). Late or incorrectly submitted applications will not be accepted.