

REGULATIONS ON HOLDING “KYOKUSHIN PROFI” COMPETITION

DISCIPLINES OF THE COMPETITION

In the “Kumite” discipline the participants compete against each other, taking part in fights during which they deliver punches and kicks in full contact in accordance with rules stipulated by the regulations of “KYOKUSHIN PROFI”.

PARTICIPANTS OF THE COMPETITION, ADMISSION TO THE COMPETITION

General requirements

Participants of the competition shall be both sportsmen and sportswomen.

The Kumite competition shall be held separately for male and female participants.

Age groups

- men and women – age group: 18 years-old and older;

Conditions of admission to the competition

All conditions of admission shall be indicated in the Regulations on the Competition. Sportsmen, who have been declared by a sports organization in written form and who comply with all, without exception, conditions of admission, shall be admitted to the competition.

An application for participation in the competition of the team of the sports organization (name list) shall be drawn up under the established form and within the period of no more than 7 days before the beginning of the competition, with obligatory presence of:

- the signature of the head of the organization and its seal which certifies readiness of sportsmen to participate in the competition, the signature of the sports doctor and the seal of the medical organization which certifies that sportsmen have received the admission to the competition.

Final admission of sportsmen to participating in the competition shall be performed by the Chief Judge based on the results of sportsmen’s passing of:

- the mandates commission;
- the medical commission;
- the weighing procedure.

All declared sportsmen and team representatives have to be present at the Mandates Commission. The participant, who has not shown up at the Mandates Commission, shall not be admitted to participating in the competition.

Weighing

Weighing shall be performed for participants of the Kumite competition.

Weighing shall be performed by the commission appointed by the Chief Judge of the competition.

Place, time and duration of weighing shall be determined in the Regulations on the Competition. Weighing shall be obligatory performed together with the Medical Commission.

Weighing shall be performed one day in advance or immediately at the day of the competition.

Weighing shall be performed only with use of electronic or medical scales with inaccuracy of no more than 100 grams. Before starting, scales shall be properly calibrated.

Dress code of participants of the competition

Sports uniform of the participant is the following: sports clothes of special style manufactured from white cotton fabric (karategi) which consists of trousers, a jacket and a belt. The color of the belt shall correspond to the style qualification of the sportsman. Requirements to the sports clothes, as well as places and

conditions of arrangement of logotypes of Federations, clubs and sponsors on the clothes, shall be determined in the Regulations on the Competition.

Before the beginning of the fight, the red ribbon, tied round behind the belt of the “aka” participant, is used for distinguishing sportsmen on the tatami.

Sportsmen shall compete barefoot.

Safety of participants of the competition

Participants shall take responsibility themselves for the risk of being injured or defected during the competition within the framework of competitive activities. Organizers and officials shall not be liable for physical injuries or accidents resulting in injuries which may occur due to participation of sportsmen in the competition.

Insurance shall be personally organized by participants or organizations, which represent them, before the beginning of the competition.

COMPETITION IN THE “KUMITE” DISCIPLINE

Sportsmen’s protective gear

During fights sportsmen are obliged to use the protective gear in the established standard form:

- the groin protector (groin cup);
- the mouth protector is used at will of the sportsman.

Groin protectors must be put on underneath the dogi. It is strictly prohibited to put on the protective gear over the dogi.

All participants of the competition shall use only the protective gear in the established standard form. It is prohibited to use the protective gear which does not conform to the established standard form.

Use of sticking plaster labels, tapes, medical bandages, etc. during the fight is permitted only if the Chief Doctor of the competition has approved it. The Chief Doctor shall put his/her personal stamp on all sticking plaster labels, tapes, medical bandages, etc.

Duration of the competition and timekeeping of fights

Duration of fights shall be determined by keeping control over the total duration of the fight together with the time when the Referee commands to make stops (so called “dirty” time of the fight), but without including the time for medical and technical stops.

Each round shall be conducted without intermediary stops of the second meter. During the fight, the second meter shall be stopped only by the command of the Referee and only in the following exceptional cases:

- if it is necessary to put the uniform of participants straight;
- if the participant loses an opportunity to continue the fight as a result of the opponent’s actions prohibited by the rules;
- if the participant loses an opportunity to continue the fight by the reasons not connected with contact with the opponent;
- if uncommon situations occur (damage of tatami coverage, electrical power disconnection, accidents, accident resulting in injuries, etc.);
- if it is necessary to call a meeting of the Judging Panel (*Fukushin shugo*).

In all the above mentioned cases the fight renewal shall starts from the moment when the fight was stopped.

If the participant has received a minor injury, which does not let him somehow or other continue the fight immediately, the fight may be stops with fixation of the time passed from its beginning, and may be continued later, after the participant’s receiving the necessary medical assistance.

Fight’s regulations - fundamental principles

The fight shall consist of three rounds and one additional extra-round which is appointed when it is draw by the result of weighing.

The maximum time given to the sportsman to enter the tatami after having been announced by announcer-informer is 2 minutes.

The maximum time of each medical stop or technical stop by the decision of the Referee or the Chief Judge is 5 minutes. If this time is exceeded, the fight shall be postponed or the decision about elimination of the sportsman shall be made.

In exceptional cases the Chief Judge has the right to announce an additional round.

Fight's regulations in the Kumite competition for men and women

- First time – 3 minutes.
- Second time – 2 minutes.
- Third time – 2 minutes.
- Extra-round – 2 minutes (announced if sportsmen have equal score in all rounds).
- Weighing (any difference in weight shall be taken into consideration).

Timekeeping

Control of fight time under the fixed regulations in accordance with Referee's commands shall be performed by the Time Keeper with use of the determined technical aids and equipment of the competition. Both the Referee of the fight and the Chief Judge of the competition have the right to stop the fight. The Time Keeper is obliged to stop the second meter by their command.

Permitted and prohibited technical actions

Permitted technical actions.

During the competition in the "Kumite" disciplines the following actions are permitted:

- strokes with hands from a stand or in jump at the body, hands or legs of the standing opponent, except strokes classified as prohibited technical actions;
- strokes with legs from a stand or in jump at the head, body, hands, legs of the standing opponent, except strokes classified as prohibited technical actions;
- undercut;
- imitation of finishing off the fallen down on the floor opponent with direct punch;
- non-contact (fake) attacks with hands at the head.

Prohibited technical actions (han-soku)

During the competition in the "Kumite" disciplines the following actions are prohibited:

- strokes and touches of the head, neck or face of the opponent with the hand;
- strokes at genitals;
- strokes with the head;
- strokes in front at the knee-joint;
- attack at any part of the backbone and back of the head;
- attack the opponent who has touched the tatami with any part of the body, except feet, or lying on the tatami;
- executing strokes from the lying position;
- delivering strokes after the Referee's command to stop the fight;
- capture (retention) of any part of the body of the opponent or his/her sports uniform;
- scratching and bites of the opponent;
- any pushes and also hanging over and on the opponent;
- intentional going out the bound of the contest area;
- avoidance of fight and continuous absence of technical actions;
- repeated actions delaying the progress of the fight (for example, falling down with the vivid aim to slow down the speed of the fight);
- not following the Referee's commands during the fight;
- inappropriate behavior contradicting to the spirit and ethics of the competition, display of disrespectful attitude to the opponent, Time Keepers, judges, spectators;

- other actions which the Referee may consider as violations.

Additional limitations on technical actions may be imposed by the Regulations on the Competition.

Determination of the winner

The point system of judges' votes scoring is used in the KYOKUSHIN PROFI fights.

Ippon (knockout) – clear victory.

Awasete ippon (three knockdowns in one round) – clear victory.

Waza-ari (knockdown) – from 3 to 5 points, it depends on number of the flags being lifted up by Side Judges and the Referee's decision.

Hantei (decision of judges from 1 to 5 points on completion of the round) – each voice of the Side Judge, including the Referee, for one of the siro or aka, participants equals to one point.

Hikiwaki (draw) – 0 point.

Genten ichi, ni (violation) – minus 1 point for each violation.

Genten san – disqualification.

Determination of the winner ahead of schedule

The winner shall be determined before the appointed time in the following cases:

- receiving “ippon” grade;
- opponent's disqualification;
- refusal of the opponent to continue the fight;
- elimination of the opponent by the Chief Doctor of the competition (because of injuries received, etc.);
- elimination of the opponent by the decision of the Chief Judge by other reasons (the result of appeal proceedings, etc.).

The victory by the result of awarding the “ippon-kachi” grade

Ippon and clear victory shall be awarded to the sportsman for use of permitted technical action in the result of which the opponent has lost his/her ability to continue the fight for no less than ten seconds (knockout). The Referee is obliged to start tracking the time as soon as such a technical action has been performed.

If the stroke causing knockout has been performed immediately after violation of rules by the sportsman who has performed this stroke, in this case the stroke shall not be taken into consideration, but the violation shall be taken into consideration.

Ippon and clear victory shall be awarded to the sportsman, if his/her opponent has applied to the Referee with refusal to continue the fight under any reason.

Victory by the result of awarding three “waza-ari” (“awasete ippon-kachi”) grades

Awarding three “waza-ari” grades to one of participants during the fight shall be considered equivalent to the clear victory, and as a result the “ippon” grade shall be awarded. The participant, who has received three “waza-ari” grades, shall be declared a winner, and from this moment the fight shall be stopped.

Awarding the “waza-ari” grade

The “waza-ari” grade shall be awarded to the sportsman for use of the permitted action which leads to incapacity of the opponent to continue the fight for no more than eight seconds (knockdown), under the condition that the opponent manages to recover, square off and is ready to continue the fight. The Referee is obliged to start tracking the time as soon as such a technical action has been performed.

If the stroke causing knockdown has been performed immediately after violation of rules by the sportsman who has performed this stroke, in this case the stroke shall not be taken into consideration, but the violation shall be taken into consideration.

“Waza-ari” may be awarded to the participant also in the case if the opponent is not stopping the fight, but one of the following situations is happening to be:

- near fainting of the opponent;

- disordered motor functions;
- corresponding facial expression and gestures characterizing presence of pain syndrome.

Victory by the Judges' decision (hantei-kachi)

If during the round (fight) time the winner is not determined because of absence of estimated technical actions, the victory may be awarded by the Judges' decision. Whereby the following criteria are used:

- presence of "waza-ari" grades;
- presence of penalty points (genten);
- harm inflicted to the opponent;
- strength, accuracy, speed of strokes;
- level of physical and functional training;
- speed of fight conducting, activity during the whole fight, territorial advantage;
- number of going out of the limits of the tatami, falling downs;
- number of warnings "chui" of each of participants;
- level of fighting spirit and striving for victory.

The decision about awarding the victory shall be considered to be valid, if after completion of three rounds one of the sportsmen has gained the maximum possible number of points. Whereby each Judge, including the Referee, has one voice.

Warnings (chui)

With the exception of intentional actions, one violation leads to one warning (chui).

In the case if the violation has not led to injury of the opponent and the Referee considers it insignificant, he /she may confine himself / herself with oral warning to the address of the violator without accounting "chui".

If the participant goes out the limits of the tatami for the 3rd time (3rd jogai), the participant receives the warning (chui).

During conducting the next round all warnings, received by the participants in the previous round, get annulled.

Penalty points (genten)

One penalty point (genten ichi) shall be announced in the following cases:

- two "chui" during one round (in this case instead of the second "chui", the "genten ichi" shall be announced);
- intentional gross, even single, violation of rules;
- other actions which the Referee may consider as actions discrediting the competition.

If the participant has one penalty point (genten ichi), the third warning during one round leads to announcing the second penalty point (genten ni)

If there are two penalty points (genten ni), the forth warning during one round leads to announcing the third penalty point (genten san) with automated disqualification (shikkaku).

Disqualification (shikkaku)

Actions leading to automatic disqualification of the sportsman:

- intentional attack with hands to the head, neck or groin causing incapability of the opponent to continue the fight;
- receiving three penalty points (genten san) during one round;
- refusal of the sportsman to follow the commands of the Referee and the Chief Judge;
- actions estimated as obvious cruelty or violence, and also intentional incorrect or competition discrediting actions;
- refusal from participating in the fight (shiai hoki) without reasonable excuse.

Conditions which may lead to sportsman's disqualification:

- attack with hands to the head or neck which has caused the knockdown, knockout or injury of the opponent;

- repeating attacks with hands to the head or neck of the opponent;
- stroke to the groin with the leg or hand which has caused the knockdown, knockout of the opponent;
- repeating attacks in the area of the groin;
- repeated gross violations of the rules;
- passive fight conducting (evasion from fight conducting) after repeated warnings of the Referee;
- dangerous head movements (forward flexion of head);
- low technical training of the sportsman, and multiple violation of rules of fight conducting as a result;
- pain simulation and attempt to claim the permitted stroke, which has been passed, as a prohibited one;
- not permitted contacts with the Referee, talks with the Time Keeper;
- going out of the limits of the tatami by any reason without permission of the Referee;
- the sportsman may be disqualified for incorrect behavior with the Time Keeper, for not following the commands of the Referee or the Chief Judge.
- the whole team may be disqualified if it substitutes sportsmen during the completions.

If by the decision of the Chief Doctor the participant is eliminated from the competition as a result of opponent's use of the prohibited technique towards his/her, the opponent shall be disqualified and the participant shall be announced as a winner in the fight without further possibility to participate in the competition.

Elimination of the sportsman from the competition

The reasons for elimination of the sportsman from the competition may be:

- Physical incapability arisen during the competition and approved by the Chief Doctor of the competition. If the incapability was caused by technical actions of the opponent or the sportsman himself during the fight, the Judges are obliged to estimate these actions.
- The decision of the Chief Judge by the results of any actions taken place during the competition and not connected directly with technical actions, including by the results of protests' consideration. The sportsman may be eliminated both during the fight or out of time of the fight.

Determination of the winner by the results of weighing

The winner may be determined by the results of weighing in accordance with the regulations of the fight.

During determination of the winner, a lighter sportsman shall be announced as a winner by the results of weighing.

Penalties for sportsmen

For passive conduct of the fight or simulation, penalties in the amount of 20 to 30% of the fee can be applied to the sportsman.